

Hi Neighbour,

*I'm embarrassed it took a virus scare for me to do this, but it has been recommended that we should check-in with our neighbours to be helpful, if or when the time comes that a neighbour needs help. This isn't out of fear but trying to be helpful and prepared. So if you need someone to run to the pharmacy, or grocery store for you, please feel free to touch base with me. Actually, help is available **anytime** - you don't have to be sick!*

My number is:

I live at:

Again, I should have done this years ago, but why not start now.

God Bless, Your Neighbour,